

## 8

## lesson



**beverage** ['bevərɪdʒ]  
**fizzy/sparkling** ['fɪzi / 'spɑ:kɪŋ]  
**soft drink**  
**teetotaller** [ti:'təʊtlə]  
**sober** ['səʊbə]

**What is your favourite beverage?**

*My favourite beverage is orange juice.*

**At what age is a person allowed to buy alcoholic beverages in your country?**

*A person is allowed to buy alcoholic beverages at the age of 18 in my country.*

**Is it possible to buy any hot beverages here?**

*Yes, it is possible to buy some hot beverages here.*

**If you saw someone selling alcoholic beverages to teenagers, would you decide to do something about it?**

*Yes, if I saw someone selling alcoholic beverages to teenagers, I would call the police.*

**Do you know anyone who is an absolute teetotaller?**

*Yes, I'm an absolute teetotaller.*

**Is it healthy to drink a lot of fizzy drinks?**

*No, it isn't healthy to drink a lot of fizzy drinks.*

**Do you prefer sparkling or still water?**

*I prefer still water.*

**If you noticed that your friend wanted to drive a car while not being completely sober, how would you react?**

*If I noticed that my friend wanted to drive a car while not being completely sober, I would drive them back home myself.*

**Why do some people find it so difficult to understand that someone is a teetotaller?**

*Some people find it so difficult to understand that someone is a teetotaller, because people are of the opinion that alcohol brings happiness and they don't understand those, who don't want to be under the influence of alcohol.*

**If your best friend stayed sober throughout your wedding party, what would you think? Would you try to persuade them to have a drink?**

*If my best friend stayed sober throughout my wedding party, I wouldn't try to persuade them to have a drink and I would think they might not be feeling very well.*

**Why do you think people decide to be teetotallers?**

*I think people decide to be teetotallers because they don't like the taste of alcohol.*

**What are the most popular soft drinks in your country?**

*Coca-cola, Fanta and Sprite are the most popular soft drinks in my country.*

**When you have a car crash, is it easy to make a sober assessment of the situation?**

*No, when you have a car crash, it isn't easy to make a sober assessment of the situation.*

**If a friend of yours told you that on sober reflection he decided not to lend you money, what would he mean?**

*If a friend of mine told me that on sober reflection he decided not to lend me money, it would mean that they had considered it very seriously.*

**wino** ['wainəʊ]

**municipal police** [mju'nɪsɪpl pə'li:s]

**drunk tank** ['drʌŋk 'tæŋk]

**bad load** ['bæd 'ləʊd]

**on a booze** [ɒn ə bu:z]

**Are winos a problem in your country?**

*Yes, winos are a problem in my country.*

**What do the municipal police often do with winos in some countries?**

*In some countries the municipal police often take winos to drunk tanks.*

**Do you think that winos should be taken to drunk tanks?**

*No, I don't think winos should be taken to drunk tanks. I think the municipal police should help them get home.*

**Is becoming a wino a matter of choice or some other circumstances?**

*It's difficult to say. I think becoming a wino is a matter of choice. Although I can think of other circumstances which might influence it.*

**How would you refer to a drunk person using informal language?**

*Using informal language I would refer to a drunk person by calling him a bad load.*

**If you came to work on a booze what might happen?**

*If I came to work on a booze, my boss might dismiss me.*

**What do you think about parents who let their children go out on a booze?**

*Parents who let their children go out on a booze are irresponsible.*





**intoxicated** [ɪn'tɒksɪkətɪd]  
**wasted** ['weɪstɪd]  
**tipsy** ['tɪpsi]  
**hangover** ['hæŋəʊvə]  
**drunkard** ['drʌŋkəd]  
**strike off**

**If you were caught by the police driving while intoxicated, what would happen to you?**

*If I were caught by the police driving while intoxicated, my driver's license would be taken away from me.*

**What do you think would be an appropriate punishment for a doctor who performed an operation on a patient while intoxicated?**

*I think a strike off would be an appropriate punishment for a doctor who performed an operation on a patient while intoxicated.*

**Why do people get wasted?**

*People get wasted because they don't know when they should stop drinking.*

**If your teacher told your parents that you came to school completely wasted, how would they react?**

*If my teacher told my parents that I came to school completely wasted, they would try to talk to me and definitely ban me from going out.*

**How can you tell that a person is on a booze?**

*You can tell that a person is on a booze when they are wasted.*

**Did you ever come back home completely wasted when you were a teenager? What did your parents say?**

*Yes, I came back home completely wasted when I was a teenager. My parents let me sleep, however the next day they gave me a long talk about responsibility.*

**Do you often drink alcohol to get a little tipsy?**

*No, I don't drink alcohol to get a little tipsy.*

**Is it acceptable if parents allow a 15-year-old child to get a little tipsy on such occasions like a New Year's Eve or wedding party?**

*No, it isn't acceptable if parents allow a 15-year-old child to get a little tipsy on such occasions like a New Year's Eve or wedding party.*

**How do people feel when they have a hangover?**

*When people have a hangover they feel thirsty and have a horrible headache.*

**What is the best way to cure a hangover?**

*The best way to cure a hangover is drinking a lot of water and resting.*

**What is the difference in the speaker's attitude when calling somebody a drunkard and a wino?**

*The difference in the speaker's attitude when calling somebody a drunkard is negative, whereas when calling someone a wino it's a little more positive.*

**If you had a terrible hangover and your next-door neighbour kept playing the piano, how would you deal with it?**

*If I had a terrible hangover and my next-door neighbour kept playing the piano, I would use earplugs.*



pub crawl ['pʌb kraʊl]  
 drink like a fish  
 eat like a horse  
 eat like a bird  
 smoke like a chimney ['tʃɪmni]

**What kind of people in your country would you say were the most frequent visitors to pubs? Why?**

**If somebody drinks like a fish, are they usually invited to parties?**

**Have you ever gone on a pub-crawl? Why?**

**Is going on a pub-crawl popular among young people in your country? Why?**

**Why do you think some children eat like horses?**

**When you see a person who eats like a horse and still manages to have a perfect figure, do you feel a bit jealous?**

**Do any of your friends or relations smoke like a chimney?**

**What might be the consequences of smoking like a chimney?**

*In my country I would say that singles were the most frequent visitors to pubs because they are looking for company there.*

*If somebody drinks like a fish, they aren't usually invited to parties.*

*Yes, I sometimes go on a pub-crawl to see what is happening where.*

*Yes, going on a pub-crawl is popular among young people in my country, because young people like to paint the town red.*

*I think some children eat like horses because they are growing.*

*Yes, when I see a person who eats like a horse and still manages to have a perfect figure, I feel a bit jealous.*

*Yes, my grandma smokes like a chimney.*

*Lung cancer might be the consequence of smoking like a chimney.*



Do the exercises on the Internet platform!





# Reading

Before you read.



## Exercise 1

Discuss with other students.

1. What is the attitude towards alcohol and alcoholics in certain societies?  
Try to make comparisons.
2. Do you know of any religious communities which forbid the drinking of alcohol? Why do you think it is so?
3. Can you briefly describe the influence of alcoholism on family life?

### Adult Children of Alcoholics (ACOA) Syndrome

What do you think when you see or talk to a wino? How often do you get tipsy? Have you ever got completely wasted? Many people's responses to these questions would have a somehow positive and amusing connotation. Some of them would take pride in the fact they suffered from a dreadful hangover the day after they had got totally drunk. Others would be really enthusiastic about being intoxicated. Many would consider winos funny chaps.

When looking at a boozier with a grin on our face, do we ever think of the consequences of how being 'blind' impacts the lives of alcoholics and their families? Do we realise that the influence frequently stretches from childhood to adulthood? Can we imagine what it's like to grow up in a family affected by drinking? Last but not least, do we understand that someone's inability to be a responsible parent might often be a result of being an 'adult child of an alcoholic'?

Being impaired by ACOA syndrome is a very tough burden to bear and difficult to fight unless you are provided with the appropriate psychological assistance. People affected by ACOA syndrome will seldom assign their behavioural problems to the prevalence of booze at home. Since they tend to judge themselves harshly and have developed low self-esteem, they will rather connect their mood swings and dysfunctional relationships with their character flaws.

**connotation** [kɒnə'teɪʃn]

**dreadful** ['dredfl]

**chap** [tʃæp]

**burden** ['bɜːdn]



How can you recognise if you are an ACOA type? Some typical characteristics have already been mentioned: relationship problems, melancholy with a tendency of being depressed, impaired self-worth and a cruel opinion of yourself. You should seek professional help if some of these emerge as well: you take any form of criticism badly and you have a serious lack of confidence in you own abilities and tend to depend on others. Most ACOA types will repeatedly victimise themselves. Sometimes these problems will take a very dangerous form. People afraid of being criticised seek approval and in order to win it they may often pretend to be someone else. This, in turn, may develop into another grave disorder called Impostor Syndrome.



## Exercise 2

Find the expressions in the text which mean:

- a) to be under influence of alcohol [5]

.....

- b) a drunk person or a person with a drinking problem [3]

.....

- c) alcohol [1]

.....



## Exercise 3

Give the synonym for these words.

1. load, anxiety .....

2. value, admiration .....

3. connect .....

4. answer .....

5. meaning .....

6. severely .....

7. fault, defect .....

8. imitator .....



## Exercise 4

**Find the word or phrase in the text which means.**

1. the fact that something is common and easily available  
.....
2. inferiority complex  
.....
3. suffering from a headache or the nausea the day after drinking  
.....
4. a friendly way to speak about a man  
.....
5. synonym of defective, damaged  
.....



## Exercise 5

**Match the words from each column to create correct and meaningful phrases.**

- |                   |              |
|-------------------|--------------|
| 1. seek           | assistance   |
| 2. get            | relationship |
| 3. self           | tipsy        |
| 4. character      | worth        |
| 5. psychological  | approval     |
| 6. funny          | harshly      |
| 7. take           | swing        |
| 8. judge          | chap         |
| 9. mood           | flaw         |
| 10. dysfunctional | criticism    |



## Exercise 6

**Decide whether the sentence is true [T] or false [F].**

1. Some people consider getting tipsy amusing. [T/F]
2. The consequences of having an alcoholic in a family may affect adults. [T/F]
3. Adult Children of Alcoholics never have any relationship problems. [T/F]
4. ACOA types always make great parents. [T/F]
5. Some people affected by the ACOA syndrome don't connect their behavioural problems with alcoholism at home. [T/F]
6. People with the ACOA syndrome will often seek approval from others. [T/F]
7. Adult Children of Alcoholics are severe judges of themselves. [T/F]
8. In case of a failure Adult Children of Alcoholics tend to accuse themselves rather than others. [T/F]

**Notes**



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# Grammar and lexical part



## Exercise 1

**Give the opposite of the word.**

1. food .....
2. fresh (*e.g. bread*) .....
3. fresh (*e.g. milk*) .....
4. drunk, wasted or tipsy .....
5. drunkard .....
6. alcoholic drink .....



## Exercise 2

**Decide which sentences have errors and correct them.**

1. Your son looks underweight, you'd better feed him out.
2. You will never lose weight if you continue to pig up on all those cakes and pies.
3. The state's attorney wouldn't have been struck away, if he had managed to stop drinking at work.
4. It's weird: she eats like a mouse but she is still overweight.
5. Peanuts are not the best choice to snack in with gin and tonic – cheese would work much better.
6. At the conference light refreshments were served during the break and dinner followed the last presentation.
7. Didn't you enjoy the meal? You sat at the table just picking with your dinner.
8. Cooking shows – also known as Cookery Programs – became popular when celebrities decided to host them.



### Exercise 3

Choose the best answer.

1. I can find no easy explanation why my husband is so slim although he eats like a .....
  - a. pig
  - b. horse
  - c. bull
  - d. dog
  
2. Unripe, green apples are always ..... so stay away from them as they will give you a stomach ache.
  - a. acid
  - b. sweet
  - c. sour
  - d. rotten
  
3. One of the differences between Chinese and Japanese ..... is that the latter includes more fish and seafood.
  - a. kitchen
  - b. cookery
  - c. cuisine
  - d. refreshment
  
4. If you want to prevent potatoes from going ....., store them in a cool, dark and dry place.
  - a. rotten
  - b. sour
  - c. stale
  - d. rancid

